

**Attitude Check**  
**The Heart Attitude of Religion Disciplines**  
**Pastor Steve**

**Key Verse of the Day**

*Be careful not to practice your righteousness in front of others to be seen by them. If you do, you will have no reward from your Father in heaven. Matthew 6:1 NIV*

**Key Thought of the Day**

Our \_\_\_\_\_ ought to be about bringing Glory to God.

We can surmise from this teaching that Jesus \_\_\_\_\_ his followers to give generously, pray often and fast regularly.

**The Heart Attitude of...**

• \_\_\_\_\_.

*"So when you give to the needy, do not announce it with trumpets, as the hypocrites do in the synagogues and on the streets, to be honored by others. Truly I tell you, they have received their reward in full. But when you give to the needy, do not let your left hand know what your right hand is doing, so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you." Matthew 6:2-4 NIV*

People who give for the wrong reasons miss out on \_\_\_\_\_.

*...to be honored by others. Truly I tell you, they have received their reward in full...*

Jesus is teaching that when someone gives generously with the right heart attitude God will \_\_\_\_\_ that is given.

The right heart attitude for us to have when we give is to seek only \_\_\_\_\_ for the gift given.

*So when you give to the needy...*

**The Heart Attitude of...**

• \_\_\_\_\_.

*"And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him." Matthew 6:5-8 NIV*

Your Heavenly Father knows what is on your heart before \_\_\_\_\_.

The proper heart attitude is to seek \_\_\_\_\_ when we pray.

### **The Lord's Prayer: Three Petitions For God's Glory**

1. The Petition to make God \_\_\_\_\_ to our lives.

*Our Father in heaven, hallowed be your name...*

2. The Petition for \_\_\_\_\_ to come to the World.

*...your kingdom come...*

3. The Petition for \_\_\_\_\_ and glory to be accomplished in our lives.

*...your will be done, on earth as it is in heaven...*

### **The Lord's Prayer: Three Petitions For Our Needs**

1. The Petition to \_\_\_\_\_.

*Give us today our daily bread...*

2. The Petition for \_\_\_\_\_.

*And forgive us our debts, as we also have forgiven our debtors...*

3. The Petition to Frustrate \_\_\_\_\_.

*And lead us not into temptation, but deliver us from the evil one...*

*Lord, our dear Heavenly Father! His name proclaimed, His kingdom expanded, His will done. Our needs supplied, our sins forgiven, our temptations overcome! Amen!*

### **The Heart Attitude of...**

• \_\_\_\_\_.

*"When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you." Matthew 6:16-18*

By fasting we mean the act of denying yourself something of \_\_\_\_\_ so that you can seek God and his \_\_\_\_\_ in your life.

### **The Bottom Line**

Spiritual Disciplines are an important part of our Spiritual Journey and the appropriate heart attitude should be one of \_\_\_\_\_.

*Be careful not to practice your righteousness in front of others to be seen by them. If you do, you will have no reward from your Father in heaven. Matthew 6:1 NIV*

### **The Challenge**

Choose one for this coming week...

- Seek to provide an anonymous act of generosity.
- Have a prayer time this week following Jesus' model.
- Fast from a meal and spend that time seeking God by reading scripture and in prayer.