

Christian Life Apps
Prayer and Fasting
Pastor Steve

Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come. 1 Timothy 4:7-8 NIV

Christian Life App For Today: _____.

Key Verse of the Day

Devote yourselves to prayer, being watchful and thankful. Colossians 4:2 NIV

Grab This!

Prayer is simply having a _____ with God.

Key Thought of the Day

Prayer and Fasting are valuable spiritual disciplines because they bring us into _____ with God.

ACTS Expressions of Prayer

• **ADORATION** — Praising God for _____.

Don't Miss This!

When we pray prayers of adoration, we are expressing to God the things that we _____ about his person.

Praise be to you, Lord, the God of our father Israel, from everlasting to everlasting. Yours, Lord, is the greatness and the power and the glory and the majesty and the splendor, for everything in heaven and earth is yours. Yours, Lord, is the kingdom; you are exalted as head over all. Wealth and honor come from you; you are the ruler of all things. In your hands are strength and power to exalt and give strength to all. Now, our God, we give you thanks, and praise your glorious name. 1 Chronicles 29:10-13 NIV

Holy, holy, holy is the Lord God Almighty, who was, and is, and is to come. Rev. 4:8

Worthy is the Lamb, who was slain, to receive power and wealth and wisdom and strength and honor and glory and praise! Revelation 5:12 NIV

In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness.

And being found in appearance as a man, he humbled himself by becoming obedient to death— even death on a cross! Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father. Philippians 2:5-11 NIV

ACTS Expressions of Prayer

• _____ — Admission of sin and seeking repentance.

Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me. Psalm 51:10-12 NIV

Grab This!

Prayers of confession demonstrate our spiritual need for a loving Saviors _____ in our lives.

This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.

If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1:4-9 NIV

ACTS Expressions of Prayer

• _____ – Expressing gratitude for what God has done for us.

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. 1 Thessalonians 5:16-18 NIV

Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before him with joyful songs. Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture.

Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. For the Lord is good and his love endures forever; his faithfulness continues through all generations. Psalm 100 NIV

ACTS Expressions of Prayer

• _____ – Petitioning God for his divine intervention by our requests.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. Ephesians 6:18 NIV

Fasting Defined: Fasting is the temporary denial of something that is in itself _____, in order to intensify our need for something _____.

Why Should We Fast?

1. To _____ more for Jesus.

Then John's disciples came and asked him, "How is it that we and the Pharisees fast often, but your disciples do not fast?" Jesus answered, "How can the guests of the bridegroom mourn while he is with them? The time will come when the bridegroom will be taken from them; then they will fast. Matthew 9:14-15 NIV

Why Should We Fast?

2. To express our need to know and understand _____.

Now in the church at Antioch there were prophets and teachers: Barnabas, Simeon called Niger, Lucius of Cyrene, Manaen (who had been brought up with Herod the tetrarch) and Saul. While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." So after they had fasted and prayed, they placed their hands on them and sent them off. Acts 13:1-3 NIV

The Challenge

Join us for a Christian Alliance Church time of fasting from 7 AM to 7 PM on Tuesday.